Keep cardiovascular (CV) health on track

What are today's stats? What are the future goals?

Instructions: Record today's stats and set goals for future visits using the table below. This may help your efforts to prevent recurrent CV events.

Patient name: _____

Patient Stats	Today's Visit	Future Goals
Weight		
Exercise (days per week)		
Total cholesterol		
LDL-C		
Blood pressure		
For Diabetic Patients		
Blood glucose level		
A1c level		

Based on these health stats, the recommended aspirin regimen is as follows:
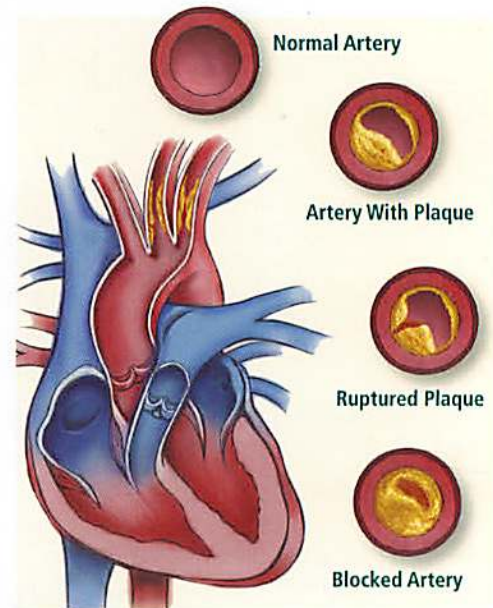
81 mg per day   **325 mg per day**

Other special instructions:

How is the heart affected by these stats?

Use the visual below to further your CV health discussion.

Normal Artery

Artery With Plaque

Ruptured Plaque

Blocked Artery

I am **ProHeart**

Courtesy of: **BAYER**